

Date: 1/25/2024  
Time: 9:23 AM



**pasta, mac & cheese, cup**  
NAMA



**Author**  
**Categories**  
**Tools**  
**Locations**  
**Plate/Store**

<b>Yield</b>	1	ea	<b>Prep</b>
<b>Portion</b>	1	ea	<b>Cook</b>
<b>Num Portions</b>	1		<b>Finish</b>
			<b>Shelf</b>

<b>Nutrition Facts</b>	
Serving Size	1.00 ea
Servings Per Container	1
Amount Per Serving	
<b>Calories</b> 260	<b>Calories From Fat</b> 121
% Daily Value	
<b>Total Fat</b> 13g	20%
Saturated Fat 7g	33%
Trans Fat 0g	
<b>Cholesterol</b> 30mg	10%
<b>Sodium</b> 568mg	24%
<b>Total Carbohydrates</b> 24g	8%
Dietary Fiber 1g	4%
Sugars 1g	
<b>Protein</b> 12g	
Vitamin A 1%	Vitamin C 1%
Calcium 24%	Iron 5%
* Percent Daily Values are based on a 2000 calorie diet.	

**Nutrition Descriptors**

High in Calcium  
High in Protein