

Date: 1/25/2024
Time: 9:24 AM



pasta, mac & cheese, bowl
NAMA



Author
Categories
Tools
Locations
Plate/Store

Yield	1	ea	Prep
Portion	1	ea	Cook
Num Portions	1		Finish
			Shelf

Nutrition Facts	
Serving Size 1.00 ea	
Servings Per Container 1	
Amount Per Serving	
Calories 521 Calories From Fat 241	
% Daily Value	
Total Fat 27g	40%
Saturated Fat 15g	66%
Trans Fat 0g	
Cholesterol 61mg	20%
Sodium 1137mg	47%
Total Carbohydrates 48g	16%
Dietary Fiber 2g	8%
Sugars 3g	
Protein 23g	
Vitamin A 2%	Vitamin C 2%
Calcium 49%	Iron 9%
* Percent Daily Values are based on a 2000 calorie diet.	

Nutrition Descriptors

High in Calcium
High in Protein
Good Source of Carbohydrates