

Date: 1/22/2024

Time: 1:29 PM



entree, kids turkey sandwich

NAMA



Author

Categories

Tools

Locations

Plate/Store

Yield	1	ea	Prep
Portion	1	ea	Cook
Num Portions	1		Finish
			Shelf

Nutrition Facts

Serving Size 1.00 ea
Servings Per Container 1

Amount Per Serving

Calories 505 Calories From Fat 134

% Daily Value

Total Fat 15g 22%

Saturated Fat 7g 32%

Trans Fat 0g

Cholesterol 41mg 14%

Sodium 1087mg 45%

Total Carbohydrates 74g 25%

Dietary Fiber 4g 17%

Sugars 27g

Protein 20g

Vitamin A 4% Vitamin C 7%

Calcium 26% Iron 16%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors

High in Calcium
High in Carbohydrates
High in Protein
Good Source of Iron
Good Source of Fiber