

Date: 1/25/2024  
Time: 9:25 AM



**entree, kids hot meal**  
NAMA



**Author**  
**Categories**  
**Tools**  
**Locations**  
**Plate/Store**

<b>Yield</b>	1	ea	<b>Prep</b>
<b>Portion</b>	1	ea	<b>Cook</b>
<b>Num Portions</b>	1		<b>Finish</b>
			<b>Shelf</b>

<b>Nutrition Facts</b>	
Serving Size 1.00 ea	
Servings Per Container 1	
Amount Per Serving	
<b>Calories</b> 681	<b>Calories From Fat</b> 229
% Daily Value	
<b>Total Fat</b> 25g	38%
Saturated Fat 13g	58%
Trans Fat 0g	
<b>Cholesterol</b> 172mg	57%
<b>Sodium</b> 754mg	31%
<b>Total Carbohydrates</b> 66g	22%
Dietary Fiber 4g	19%
Sugars 25g	
<b>Protein</b> 51g	
Vitamin A 2%	Vitamin C 8%
Calcium 34%	Iron 11%

\* Percent Daily Values are based on a 2000 calorie diet.

**Nutrition Descriptors**

High in Calcium  
High in Potassium  
High in Carbohydrates  
High in Protein  
Good Source of Iron  
Good Source of Fiber