

Date: 1/18/2024
Time: 8:54 AM



bread, baguette
NAMA



Author

Categories

Tools

Locations

Plate/Store

Yield	1	ea	Prep
Portion	1	ea	Cook
Num Portions	1		Finish
			Shelf

Nutrition Facts	
Serving Size	1.00 ea
Servings Per Container	1
Amount Per Serving	
Calories 140	Calories From Fat 9
% Daily Value	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 290mg	12%
Total Carbohydrates 28g	9%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 4g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 10%
* Percent Daily Values are based on a 2000 calorie diet.	

Nutrition Descriptors

Low Fat
Low Saturated Fat
Sugar Free
Cholesterol Free
Healthy
Good Source of Iron